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#### FOR IMMEDIATE RELEASE

# **HD Supply Facilities Maintenance Recognized as an American Heart Association Fit-Friendly Worksite**

Worksites take steps to decrease health care expenses, increase productivity

**SAN DIEGO – Feb. 5, 2014** – HD Supply Facilities Maintenance has been recognized as a Platinum-Level Fit-Friendly Worksite by the American Heart Association for helping employees eat better and move more. The company also received the Worksite Innovation Award for its innovative use of a worksite "wellness dashboard."

"Physical activity and associate wellness are important priorities at HD Supply Facilities Maintenance. We are honored and excited to be recognized by the American Heart Association as a Platinum-Level Fit-Friendly Worksite," said Anesa Chaibi, president and CEO of HD Supply Facilities Maintenance. "We're committed to providing the best workplace environment possible. This will benefit our associates' health and produce even more positive results for our worksite overall."

### Platinum-level employers:

- Offer employees physical activity options in the workplace
- Increase healthy eating options at the worksite
- Promote a wellness culture in the workplace
- Implement at least nine criteria outlined by the American Heart Association in the areas of physical activity, nutrition and culture
- Demonstrate measurable outcomes related to workplace wellness

HD Supply Facilities Maintenance offers many tools and resources to help its associates get healthy and stay healthy, including:

- Wellness benefits credit for non-tobacco users
- Free preventive health care
- Wellness blog and monthly newsletter featuring associate testimonials and success stories
- Onsite fitness centers
- Discounts with weight-management providers
- Wellness Resource Guide mailed to all associates' homes

- Company-wide health challenges encouraging physical activity
- Healthy lunch and snack options

The Fit-Friendly Worksites program is a catalyst for positive change in the American workforce by helping worksites make their employees' health and wellness a priority.

According to the AHA, American employers are losing an estimated \$225.8 billion a year because of healthcare expenses and health-related losses in productivity, and those numbers are rising. Many American adults spend most of their waking hours at sedentary jobs. Their lack of regular physical activity raises their risk for a host of medical problems, such as obesity, high blood pressure and diabetes. Employers face \$12.7 billion in annual medical expenses due to obesity alone. The American Heart Association is working to change corporate cultures by motivating employees to start walking, which has the lowest dropout rate of any physical activity.

"We encourage all associates to Get Moving and increase their physical activity, which helps improve their health – and our bottom line," said Mara Strandlund, HD Supply Facilities Maintenance vice president of Human Resources. "The Fit-Friendly Worksites program is a unique, easy-to-implement opportunity that supports our wellness platform."

For more information about the Fit-Friendly Worksites program and how it is helping to improve the health of Americans by focusing on an activity that is convenient, free and easy, call (858) 410-3850 or visit startwalkingnow.org.

#### **About HD Supply Facilities Maintenance**

HD Supply Facilities Maintenance (hdsupplysolutions.com) is a leading supplier of maintenance, repair and operations (MRO) products to owners and managers of multifamily, hospitality, educational and commercial properties; healthcare providers; and municipal and government facilities. HD Supply Facilities Maintenance has 43 distribution centers, a fleet of more than 700 delivery vehicles and 27,000 items in stock and is a business of HD Supply (hdsupply.com), one of the largest industrial distributors in North America.

## **About the American Heart Association**

The American Heart Association is devoted to saving people from heart disease and stroke – America's No. 1 and No. 4 killers. We team with millions of volunteers to fund innovative research, fight for stronger public health policies, and provide lifesaving tools and information to prevent and treat these diseases. The Dallas-based association is the nation's oldest and largest voluntary organization dedicated to fighting heart disease and stroke. To learn more or join us, call 1-800-AHA-USA1 or any of our offices around the country, or visit heart.org.